

Theory Course Calendar for 2010

Here at Pacific Sailing School we offer a full range of courses.

Shore based Theory Courses	Duration	Go to Page
YA Keelboat Set Sail Theory & Social Evening	2 hours	P2
YA Keelboat Skipper Theory & Social Evening	2 hours	P2
YA Keelboat Spinnaker Theory & Social Evening	2 hours	P2
YA Keelboat Racing - Rules of Sailing & Racing Tactics Evening	2 hours	P3
YA Marine Radio MROCP Theory Course	9 hours	P3
YA ISAF Safety and Sea Survival Full Course	16 Hours	P4
RYA YA Basic Navigation & Safety Theory Course	16 Hours	P5
RYA YA Day Skipper Theory Course	42 hours	P6
RYA YA Coastal Skipper & Yachtmaster Offshore	42 hours	P7
RYA YA Combined Theory & Practical Coastal Skipper/Yachtmaster Offshore Course	10 Days	P8

If you have never sailed before, the ideal introduction is our YA **Keelboat Set Sail** and YA **Keelboat Skipper** courses with sets of 3 hour practical lessons conducted on our International J24 yachts. You will get a better feel for sailing and learn to sail much faster than starting on our bigger yachts.

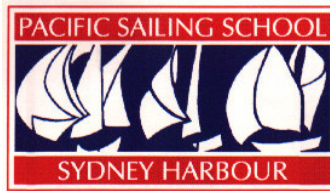
After learning to sail on our J24's we then suggest that our bigger yachts are the best next step to learn about pilotage, navigation, diesel, GPS systems and radar. Our courses generally take place over five days or over a series of weekends. Our practical courses are complemented by our navigation and other specialist shore based courses. The theory courses are essential to increase your knowledge and confidence and are the next step to gaining International qualifications recognised by maritime authorities worldwide.

We are located in the Cruising Yacht Club of Australia, Rushcutters Bay, Sydney (home of the famous Rolex Sydney to Hobart Yacht Race). The CYCA is the perfect place to continue your sailing with over 400 yachts, and has been our base for over 30 years on beautiful Sydney Harbour. You can enter our program at any level, provided that you have an adequate level of experience. It is important to be realistic when assessing your experience and abilities. If in doubt you should discuss your requirements with our training centre before booking your course.

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Theory Course Calendar 2010 Please check with our office in case dates have changed

Public Holidays Jan 1, 26, April 2, 3, 5, 26, June 14, August 2, October 4, December 25, 26.

YA Keelboat Set Sail Theory & Social Evening

Jan 19, Feb 16, Mar 23, Apr 20, May 18, Jun 22, Jul 20, Aug 24, Sep 21, Oct 19, Nov 16, Dec 7.
From 6pm to 8pm in the CYCA. On arrival you will receive a Course Folder which includes Keelboat Set Sail, Keelboat Skipper and Basic Navigation and Safety notes, NSW Maritime Authority handbook, 1m rope, pen and a 'Try Sailing' Gift Voucher. After the lesson join us for a social evening in the Sydney Hobart Bar of the Club.

YA Keelboat Skipper Theory & Social Evening

Feb 23, Apr 27, Jun 29, Aug 31, Oct 26, Nov 23.
From 6pm to 8pm in the RANSA Club room. Bring your Keelboat Set Sail course folder & after the lesson join us for a social evening and barbecue.

YA Keelboat Spinnaker Theory & Social Evening

Mar 30, May 25, Sep 28, and Nov 30.
Join Racing Rules Judge and Umpires for some fun on tactics and rules in racing. From 6 to 8pm in the RANSA Club room. Bring your Keelboat Set Sail course folder & after the lesson join us for a social evening and barbecue.

* Recommended Textbooks & CDs

* YA logbook \$28 required for YA certificates and NSW Powerboat License

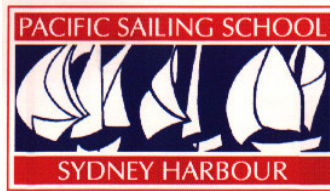
* RYA YA logbook \$28 required for issue of RYA YA Certificates

	<p><i>Sailing For Dummies</i></p>	<p><i>Recently updated by our own team at PSS</i></p>	<p><i>*\$40</i></p>
	<p><i>Introductory Keelboat</i></p>	<p><i>The cover is our own J24 Blackjack with Instructor John Gardener</i></p>	<p><i>*\$32</i></p>
<p>Six multimedia CDs and a DVD</p> <p><i>Boat Handling, Safety and Emergencies, Navigation and Passage Planning, Weather craft, Skipper and Crew, Knots and The Language of the Sea</i></p> <p>http://www.pacificsailingschool.com.au/16043.htm</p>		<p><i>Includes a Free 75 minute DVD The Joys of Sailing.</i></p>	<p><i>*\$195 Purchase only on line via our website</i></p>


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YA Keelboat Racing Theory and Social Evening			
Learn the rules and tactics with the ISAF Judges, Race Officers and Umpires. Book your crew early for these popular evenings from 6pm to 8pm and the barbecue afterwards			
March	Thursday 25	September	Thursday 23
May	Thursday 27	November	Thursday 18
Cost \$55 proceeds in support of Youth Sailing. Sponsored by the CYCA and Pacific Sailing School			
* Recommended Textbooks & CDs			
* YA logbook \$28 required for YA certificates and NSW Powerboat License			
* RYA YA logbook \$28 required for issue of RYA YA Certificates			
	Racing Rules of Sailing 2009-2012	The 2009-2012 Blue Book is an essential guide for all sailors. Order now and be the first to receive a copy when the Blue Book becomes available in November 2008.	*\$35

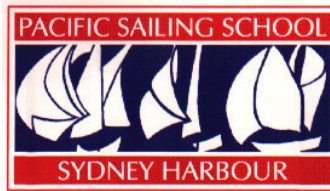
Theory Course Calendar 2010

YA Marine Radio MROCP Theory Course			
Update your knowledge of Digital Select Calling and all the recent changes. We will have a practical on board our offshore yacht and theory over three evenings to obtain your MROCP license. Included is the Pacific Sailing School course folder and pen. 6pm to 9pm midweek.			
March	Tuesday 2, Tuesday 9, Thursday 11	September	Tuesday 7, Tuesday 14, Thursday 16
May	Tuesday 4, Tuesday 11, Thursday 13	November	Tuesday 9, Thursday 11, Tuesday 16
July	Tuesday 6, Tuesday 13, Thursday 15		
Cost \$425 includes practical, MROCP exam and issue of license to successful applicants			
* Recommended Textbooks & CDs			
* YA logbook \$28 required for YA certificates and NSW Powerboat License			
* RYA YA logbook \$28 required for issue of RYA YA Certificates			
Private courses available for groups with 6 persons or more			
	Marine Radio Operators handbook	MF/HF and VHF radiotelephony equipment with digital selective calling (DSC), EPIRPB 406 MHz type	*\$45

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Theory Course Calendar 2010

Safety and Sea Survival Full Course or Safety and Sea Survival Update Course

(The Update Course dates are in **bold** below).

Over 1,500 crew including many Hobart winners and Volvo teams have completed our ISAF SSSC courses. Life raft exercises are in the heated pool at UNSW. The course includes a flare drill, the Pacific Sailing School course folder, and a NSW Maritime Authority handbook and pen.

Private SSSC courses are available on demand for groups of 6 + \$495 per person

January	Saturday January 23 Sunday January 24	October	Saturday Oct 30 & Sunday Oct 31
April	Saturdays April 17 & Sunday April 18	December	Saturday Dec 4 & Sunday Dec 5
July	Saturday July 10 & Saturday July 17	December	Saturday Dec 11 & Sunday Dec 12

Cost - SSSC Full Courses \$535 SSSC Update Course \$395 + Textbooks if required

* Recommended Textbooks & CDs

* YA logbook \$28 required for YA certificates and NSW Powerboat License

* RYA YA logbook \$28 required for issue of RYA YA Certificates



AMSA Survival at Sea *\$25

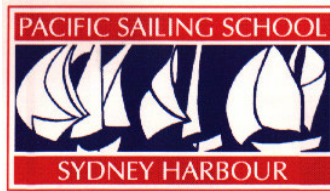


Racing Rules of Sailing *\$35

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Theory Course Calendar 2010

RYA YA Basic Navigation & Safety Theory Course

Essential knowledge for 'All who go to Sea'.

This course has been arranged to cover the National Marine Safety Committee (NMSC) guidelines for recreational Boat Operator competencies which has been adopted by NSW Maritime Authority (NSW MA) for the theory component for the issue of the recreational Boat Driver License. It will also provide students with sufficient knowledge and skill for them to be able to demonstrate the routines and procedures associated with competent and responsible behavior as a crew person operating under close supervision on a cruising yacht.

This course is the start of your International qualifications and is completed over one weekend day and one evening and with Keelboat Set Sail and Keelboat Skipper theory evenings completes the required 16 hours for this course. It includes a 3 hour practical on one of our large offshore yachts.

On successful completion of this course, the practical courses of YA Keelboat Set Sail, YA Keelboat Skipper, NSW Marine Authority Power Boat Drivers course you will qualify for following :-

- ✓ The RYA YA Basic Navigation and Safety certificate issued by PSS
- ✓ The YA Competent Crew Certificate issued by PSS
- ✓ The YA Powerboat Certificate issue by PSS
- ✓ The Theory component of the NSW MA recreational Boat Driver License

Course Times are 8.30am to 4pm with a practical on the same day from 4 to 7pm and Tuesday evening 6 to 9pm

January/ February	Sunday January 31 & Tuesday February 2	August	Saturday August 7 & Tuesday August 10
March	Sunday March 14 & Tuesday March 16	October	Saturday October 10 & Tuesday October 12
June	Saturday June 5 & Tuesday June 8	November	Sunday November 21 & Thursday November 25

Course Fee \$395, includes the RYA YA Basic Navigation and Safety Student Pack.

Note: All equipment supplied, plotter, dividers, pencils, sharpeners, etc

* Recommended Textbooks Logbooks & CDs

* YA logbook \$28 required for YA certificates and NSW Powerboat License

* RYA YA logbook \$28 required for issue of RYA YA Certificates



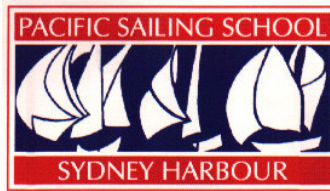
Basic Navigation and Safety Student Pack *\$75 (included with Course)

- ✓ Basic Navigation and Safety handbook
- ✓ Basic Navigation and Safety Course Exercises and information
- ✓ Basic Navigation and Safety Course Answers
- ✓ Training Chart 3 & 4
- ✓ BNS3 Acetates
- ✓ BNS Certificate

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Theory Course Calendar 2010

RYA YA Day Skipper Theory Course

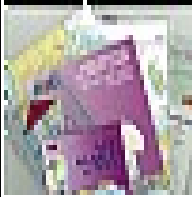
Introduction to Seamanship & Navigation.

Part Time

Series of 3 hour evening sessions from 6 to 9pm and a weekend days from 8.30 am to 4pm.
Practical usually on a weekend day from 4-7pm

Full Time

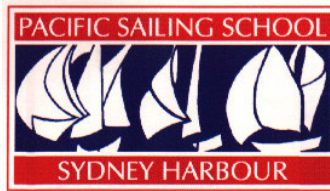
Day Time 08.30 to 4.30

February Part Time	Monday 1, Thursday 4, Saturday 6, Monday 8, Thursday 11, Saturday 13, Monday 15, Thursday 18, Sunday 20 + practical , Monday 22, Monday March 1.
March April Full Time	March Monday 29, Tuesday 30, Wednesday 31, Thursday, April 1, April 2. Followed by 5 day practical Saturday 3 to Wednesday 7.
June Part Time	Thursday 3, Monday 7, Thursday 10, Saturday 12, Tuesday 15, Thursday 17, Saturday 19, Monday 21, Thursday 24, Saturday 26 + practical, Monday 28.
August Part Time	Thursday 5, Monday 9, Thursday 12, Saturday 15, Monday 16, Thursday 19, Sunday 22, Monday 23, Thursday 26, Sunday 29 + practical
October Part time	Thursday 7, Saturday 9, Monday 11, Thursday 14, Saturday 16, Monday 18, Thursday 21, Sunday 23 + practical, Monday 25, Thursday 28, Monday November 1.
December Full Time	December Monday 13, Tuesday 14, Wednesday 15, Thursday 16, Friday 17. Followed by 5 day practical Saturday 18 to Wednesday 21.
Cost	Package \$1,060 includes the Day Skipper Student pack
	Note: All equipment supplied, Plotter, Dividers, pencils, sharpeners, etc
	 Day Skipper Student Pack *\$75 (included with Course) <ul style="list-style-type: none"> ✓ Navigation book ✓ Exercises and information ✓ Safety Course Answers ✓ Training Chart 5 and 6 ✓ BNS3 Acetates ✓ DSC Certificate

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RYA YA Coastal Skipper/Yachtmaster Offshore

Shorebased Theory Course

Includes Coastal Navigation, Pilotage, Tides, and Electronic Navigation as per the syllabus. The course, over 4 weeks, is 45 hours part time and includes a 'Catch up Night' with a combination of evening sessions from 6pm to 9pm and weekend days from 8.30am to 4pm.

Part Time

Series of 3 hour evening sessions from 6 to 9pm and a weekend days from 8.30 am to 4pm.

Practical usually on a weekend day from 4-7pm

Full Time

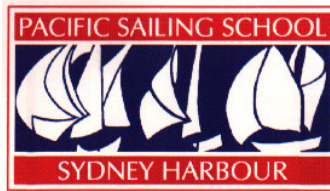
Day Time 08.30 to 4.30

February Part Time	Monday 1, Thursday 4, Saturday 6, Monday 8, Thursday 11, Sunday 13, Monday 15, Thursday 18, Sunday 20 + practical, Monday 22, Monday March 1.
March April Full Time	March Monday 29, Tuesday 30, Wednesday 31, Thursday, April 1, April 2. Followed by 5 day practical Saturday 3 to Wednesday 7.
June Part Time	Thursday 3, Monday 7, Thursday 10, Saturday 12, Tuesday 15, Thursday 17, Saturday 19, Monday 21, Thursday 24, Saturday 26 + practical, Monday 28.
August Part Time	Thursday 5, Monday 9, Thursday 12, Saturday 15, Monday 16, Thursday 19, Sunday 22, Monday 23, Thursday 26, Sunday 29 + practical
October Part time	Thursday 7, Saturday 9, Monday 11, Thursday 14, Saturday 16, Monday 18, Thursday 21, Sunday 23 + practical, Monday 25, Thursday 28, Monday November 1.
December Full Time	December Monday 13, Tuesday 14, Wednesday 15, Thursday 16, Friday 17. Followed by 5 day practical Saturday 18 to Wednesday 21.
Cost	\$1, 060
	Coastal Skipper/Yachtmaster Offshore Student Pack
	All equipment supplied, Plotter, Dividers, pencils, sharpeners, etc

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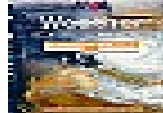
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Combined Theory & Practical Course Calendar 2010

Public Holidays Jan 1, 26, April 2, 3, 5, 26, June 14, August 2, October 4, December 25, 26.				
RYA YA Course	Course	Date	Board and disembark	Previous experience required or suggested
<u>Combined Coastal Skipper/ Yachtmaster Offshore Theory & Practical</u> Can be completed over <ul style="list-style-type: none"> 1 x 10 day 	March/ April	Theory Monday March 29 to Friday April 2. Practical Saturday April 3 to Wednesday April 7.	<ul style="list-style-type: none"> Classroom 0830 to 4pm each day Onboard 0930 Saturday Disembark 4pm Wednesday 	<ul style="list-style-type: none"> 15 days sea time, 2 days as skipper, 300nm, 8 night hours or Day Skipper 5 day or YA Keelboat Set Sail, Keelboat Skipper, Bareboat Skipper, Offshore Crew
	December	Theory Monday December 13 to Friday December 17 Practical Saturday December 18 to Wednesday December 22		
Cost	10 day		\$2,445 includes Coastal Skipper and Yachtmaster Student Pack	
Included	All meals on board, water and soft drinks			
	Mooring fees, fuel, yacht, YA Cat 1 safety equipment			
Boat	Sydney 38 or Beneteau 40.7			

*Recommended Textbooks & CDs

* RYA YA logbook \$28 required for issue of RYA YA Certificates	
	Coastal Skipper and Yachtmaster Student Pack (Value \$75 included with course)
	Yachtmaster Handbook *\$20 - Covers new developments in electronic navigation equipment and techniques.
	Weather Handbook - Southern Hemisphere *\$32 The complexities of the weather in the Southern Hemisphere using full colour diagrams.

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