

FAQ's

What time does my course start and finish?

Keelboat Courses Practical Lessons

0900 to 1200

1230 to 1530

1600 to 2100 (weekends & daylight saving only)

Keelboat Spinnaker and Racing

0930 to 1600

Yacht Training 2 day Practical:

Start – 0930 on Saturday

Finish – 1600 on Sunday

Yacht training 5 day Practical

Start – 0930 on Wednesday

Finish – 1600 on Sunday

Practical motor / power courses:

Start – 0930 on weekend day

Finish - 1500 on the final day

Shore based courses Full time

Start - 0900hrs on first morning

Finish - 1700hrs on final day

Shore based courses Part time

Midweek days

Start - 1800 Finish - 2100

Weekend days

Start - 0830 Finish - 1600

Twilight races (allow 2 hours)

Mondays - Leave Dock at 1800 sharp

Wednesday - leave dock at 1730 sharp

Friday – leave dock at 1730 sharp

Office Hours

7 days – 0830 to 1700 (1800 midweek during daylight saving)

What do I need to bring?

Keelboat Courses

Warm clothes including hat, sailing gloves and sailing shoes. Most sandals with a soft rubber sole are ok (no leather – it slips, and no black soles please – black leaves marks on the boat) When you start we supply you with a PSS cap and sunglass strap and sunburn cream.

2 day and 5 day overnight courses

If you are just starting out sailing there is no need to spend huge amounts of money on expensive clothing.

For those considering doing a lot of sailing it would be worth thinking about purchasing a dedicated breathable layer system. This normally consists of a thermal base layer, a mid layer fleece with breathable wet weather gear as an outer layer. Some examples of manufacturers who supply this type of clothing are Musto www.musto.com.au Don't forget sunglasses, sun cream, your wash kit and a towel. You will also need spending money for evening meals ashore.

What footwear do I need to bring?

Sailing boots are advisable along with deck shoes or non-marking trainers. It is possible to purchase boots at the chandlery in the marina.

Do I need to bring my passport?

Passports are not required on any of our courses.

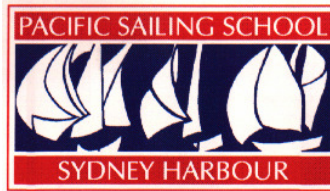
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What's included in my Yachting Australia YA Registration and Insurance

Fee \$85 – Includes

- ✓ Compulsory YA student registration
- ✓ Student sports injury insurance (valid for 12 months on sailing school boats)
- ✓ Introductory Keelboat textbook
- ✓ The YA or RYA Logbook.
- ✓ Certificates

Insurance for Students in Yachting Australia Training Schemes

Students undertaking a Yachting Australia Training Scheme at a Yachting Australia Training Centre or other recognized organization, aged between 5 and 85, have the benefit of a Personal Accident policy. This applies while undertaking training, while on the premises of the training organization and provides limited cover while travelling between activities. The cover includes death and disability compensation, non-Medicare medical expenses and, for income earners, and accident weekly benefit. The policy is arranged by OAMPS Insurance Brokers, via their marine insurance specialists Gault Armstrong, and is provided exclusively to students attending training at a Yachting Australia Training Centre. It is underwritten by Lloyds of London.

[Policy Details Link](#)

Certificate

On completion of the practical and the **theory lesson** of each course, the YA introductory certificate is mailed to you direct from Yachting Australia. Please drop your logbook into our office on course completion of each course with your current mailing address. Logbooks are completed by the Chief Instructor and mailed to you in the first week of each month.

Introductory Keelboat Textbook.

This textbook is the first of a series of Yachting Australia Textbooks with easy to read explanations and lots of pictures. The book is included with the first course.

Where will I go on my course?

Keelboat Courses

Three hour sessions on Sydney Harbour from our base at the CYCA Cruising Yacht Club of Australia.

Yacht Training 2 and 5 day courses

The 2 day will be on Sydney Harbour and the 5 day you will be sailing to the Hawkesbury which is the ideal training ground. You may visit Newcastle, Lake Macquarie or head south to Botany Bay.

How many students will there be on my boat?

Keelboat Courses

We take a maximum of 4 students per boat on sailing courses, 2 on motor cruising courses and

Yacht Training Courses

We take a maximum of 5 students per boat on sailing courses, All of our boats are capable of taking more than these numbers so there will be plenty of room for everyone onboard.

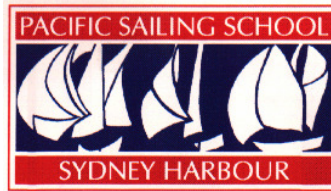
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**Is there parking available?**

No unfortunately, only street parking. Be aware of the 2 hour zones.

Do I need insurance?

The school carries full public liability insurance for its students, however personal travel / cancellation / accident insurance is strongly recommended.

Do I sleep onboard?

For all Yacht Training 2 day and 5 day practical courses you will sleep onboard the yacht.

Will I have to share a cabin?

Single bunks are in the main cabin. If you are coming on a course on your own there is a possibility you will have to share a cabin.

Will I be able plug in my electrical appliances such as my phone charger or hairdryer?

All of our yachts have either 12 volt sockets or standard 3 pin plug sockets. You are more than welcome to use these sockets when you are in a marina and the boat is connected to shore power.

Can I bring my mobile phone?

You can bring your mobile phone. As many people come along sailing to get away from everyday life or as a holiday, during teaching times we would ask that phones are turned off to avoid distraction unless of course you are expecting an urgent call. Mobile phone coverage is only up to approximately 5 miles from land which will generally give you coverage on all courses except distance sails. In an emergency the yacht can also be contacted by radio.

Are all meals provided?

On all practical sailing courses we provide breakfast, lunch and dinner onboard.

Can you cater for my special dietary requirements?

We do not cater for special diets, although we have plenty of pasta and salad. You are welcome to bring any special food. We can only cater for basic dietary requirements such as vegetarians and food allergies.

Who does the cooking onboard?

Part of learning to sail is learning how to live aboard a yacht. All chores, including cooking, are shared equally between all students and the instructor. .

Will we be in a marina every night?

Although you will spend some nights in marinas, in order to explore some of the more beautiful locations and to get the most out of the sail cruising training you may also spend a night or two on a mooring buoy or a secluded anchorage. After all, sailing is about adventure!

Do you take under 18's on courses?

We do allow under 18's on courses when accompanied by a parent / guardian over the age of 18. Under 16's are permitted on courses when part of a group booking with at least one person over the age of 18.

Do your boats meet safety requirements?

All of our yachts meet all requirements as set down by the Maritime Authority and Yachting Australia . All boats are checked before and after each course and all safety equipment is serviced on a regular basis.

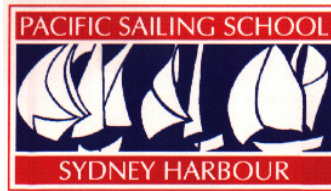
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Are there washing facilities onboard the yacht?

There are heads (toilets) and showers onboard each yacht. When you are in a marina you can also use the facilities available.

Do I need to do an actual course to come sailing?

Whether you want more experience or just a break from everyday life, come along for a week or weekend sail. You do not need to be doing a particular course to come out sailing with us.

Can I smoke onboard?

Smoking is permitted onboard, however as it is in close confines with other people we would ask that you have consideration for your fellow crew and only smoke at the back of the boat and downwind. Off course it would be polite to ask your fellow crew first.

Will I get sea sick?

If you know you are susceptible, then it is worth checking with your own doctor and buying some motion sickness tablets.

"I am a complete novice and want to go sailing with my friends but don't want to get in the way. What course would help me to understand more?"

The ideal course for you is the Keelboat Crew course. It is the course for the absolute beginner to learn the basics and enjoy the delights of sailing. At the end of this course you will have become a confident and competent member of crew.

"Despite being a boat owner for many years, I have only ever sailed in the Harbour. I would now like to go on some longer coastal passages but as this is new to me I would like some tuition."

We suggest a 5 day practical on one of our boats first to give you the confidence to sail to the Hawkesbury.

"My family and I are hoping to buy our own yacht to cruise around the Harbour during the daytime. What qualifications do I need?"

If you have no previous experience you will need to start with the Keelboat Crew Competent Crew course followed by the [Day Skipper theory](#) and practical courses. These courses will give you the skills you need to skipper a cruising yacht on short passages by day. You will also need to do a our VHF radio course so you are able to use your VHF radio onboard.

"My ambition is to leave my current job behind and work in the sailing industry. What level of qualification will I need?"

Although the majority of jobs in the sailing industry will require you to have the Yachtmaster certificate there are some positions that will accept the [RYA MCA Coastal Skipper](#) qualification. Your certificate will need to be commercially endorsed which means you will also need a Sea Survival certificate and attend a medical with your GP. Our program P7 Fast track course may be able to help you achieve your dreams.

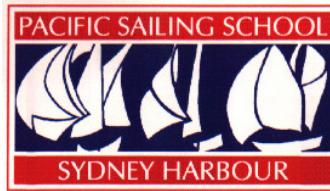
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Insurance for Crewing

Students who get crew positions on **non sailing school** vessels are **not covered** by the sailing school Insurance. We strongly recommend that before you start crewing that you apply for Insurance for crewing. It's easy and good value. Owners or skippers are required to check if their crew have the Yachting NSW Crew Club Membership Card.

Yachting NSW Crew Club Membership

Sailing is a sport that relies on the support of clubs to run races and their members activities. In order for clubs to be able to provide you services, they rely on membership contributions from you as individual members.

YNSW strongly encourage you to join one of our sailing clubs. Crew Club membership is a last resort to gain compliance with Rule 55 and insurance cover via the YA Silver Card.

Yachting NSW does not advocate membership of Crew Club and prefers you to join and support your local sailing club. In order to obtain a Crew Club membership, sailors must nominate a club. This enables Yachting NSW to track which Club you are sailing from and give the club the opportunity to contact you and encourage you to join that club instead of renewing with Crew Club.

- Crew club does not give you any member benefits at clubs that are enjoyed by members of sailing clubs.
- Crew Club membership expires on 30 September each year.
- There is only one category of membership. There is no junior, senior or any other categories.
- This fee covers the period 1 October- 30 September and can not be pro rata reduced.

Membership costs: \$120 includes GST

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How to join Crew Club

Go to <http://www.nsw.yachting.org.au>

Crew Club Membership will give you:

- Personal Accident Insurance cover, to the value of \$50,000, for those aged between 5 and 85
- YA Silver Card, providing confirmation of your Yachting NSW Crew Club Membership number
- Eligibility to compete in events and races through compliance with

RRS Rule 55

"Any crew member that sails in more than three races in any one sailing season, shall be a member of a Club affiliated to an MYA, and be a Youth or Silver member of their MYA and Yachting Australia." (The term "MYA" means the appropriate member State/Territory yachting authority of Yachting Australia). "It shall be the responsibility of the person in charge of the boat to ensure that all crew members on board for each race comply with th



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